

Instructions for Blood Test for Pregnant Patients

ONE HOUR WAIT GLUCOSE BLOOD TEST (27-28 Weeks Pregnancy)

- 1. Patients need to fast at least 2 hours prior to the appointment.**
- 2. When the patient checks in at the front desk, please tell the receptionist that you have come in for One hour glucose blood test.**
- 3. Do not drink or eat any food, juice or soda during the test.**
- 4. Please drink the bottle completely. Please let the receptionist know the time you finish the drinking the bottle.**
- 5. One hour after you drink the bottle we will draw the blood for the test.**

TWO HOURS WAIT GLUCOSE BLOOD TEST

- 1. Patient needs to come in fasting at schedule appointment in the morning.**
- 2. When the patient checks in at the front desk, please tell the receptionist that you have come in for Two Hours blood test.**
- 3. Blood test is taken when you come in to the office.**
- 4. After the blood test you eat your breakfast.**
- 5. Note time you stop eating your breakfast and let the receptionist know the time.**
- 6. You have to wait two hours after you stop eating to take another blood test.**